

2023 WARD 7 & 8
RESOURCE GUIDE

dcgreens

OUR MISSION

DC Greens is a Black-led, multiracial organization that uses the power of equitable food policy, education, and access to build a more just and resilient food system in our nation's capital.

Our vision for health equity is a city where each of us has the ability to shape the policies and institutions that have an impact on our wellbeing.

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dcgreens

2023 WARD 7 & 8 **RESOURCE GUIDE**









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Message from the **DC Greens Engagement Team**

At DC Greens, we're committed to finding pathways to advance health equity in our nation's capital. Our work is multifaceted, focusing on direct service programs, policy and advocacy initiatives, and serving as host for critical connections across the health equity community.

We believe a just and resilient system is possible. That's why we're always working to bridge the gaps between D.C's residents and the resources that empower and serve them.

Take, for example, The Well at Oxon Run, DC Greens' place-based community wellness space in Ward 8. This year, we hosted our first resource fair at The Well for residents of Wards 7 and 8, where we connected 30 community organizations directly to community members in attendance. These are the connections that create lasting change by ensuring all who are interested and in need of services can obtain them.

And so, in the spirit of connection and transformation, our combined outreach efforts continue. This Resource Guide is part of that.

Inside this booklet, we've included key information about the organizations providing vital services to the community. We've listed how to contact them directly. Our goal is that with every page turn, you can access the programs and services you need, whenever you need them.

Thank you for being a part of the collective effort to transform the system.

A Wider Circle

Description: A Wider Circle's mission is to combat poverty by providing unlimited resources and fostering community strength. It offers free mental health support, partnership to independence, clothing, career support, a food pantry, and more.

Org Address: 400 Atlantic St. SE, Washington, DC 20032 (on the Condon Terrace side)

Contact: Contact the Front Desk to be routed to the proper department, 202-891-7894

Eligibility Requirements: Adults over 18 in disenfranchised communities

Availability/frequency of program: Monday – Thursday, 8 a.m. – 4 p.m.; year-round

Website: www.awidercircle.org





AmeriHealth Caritas DC

Description: AmeriHealth Caritas DC is a Medicaid plan committed to quality health care and outstanding enrollee services. It offers dozens of programs to help members get healthy and stay healthy.

Address: 1205 Good Hope Rd. SE, Suite #200, Washington, DC 20020

Contact: Outreach Team: 202-216-2318

Availability/frequency of program: Monday – Friday, 9 a.m. – 5 p.m.; year-round

Website: www.amerihealthcaritasdc.com



Arcadia's Mobile Market

Description: Arcadia's Mobile Market is a farmers market on wheels bringing fresh, local, sustainable, and delicious produce, meats, and dairy to communities in Washington, DC. It doubles the value of WIC, SNAP, and Sr. FMNP.

Address: 9000 Richmond Hwy., Alexandria, VA 22309

Service Address: Arcadia's Mobile Market has 8 market stops: **Anacostia** (Unity Healthcare 1500 Galen St. SE), **Bellevue Library** (115 Atlantic St. SW), **Deanwood** (48th St. NE & Minnesota Ave. NE), **Fort DuPont** (4403 Bowen Rd. SE), **Edgewood** (Evarts St. NE & Edgewood St. NE), **Oxon Run** (Wheeler Rd. SE & Valley Ave SE), **Parkside/Mayfair** (650 Kenilworth Ter. NE), **Wah Luck** (800 6th St. NW)

Contact: Regan McLaughlin: regan@arcadiafood.org

Availability/frequency of program: Starting on June 1, 2023

- ▶ Wednesday: Bellevue & Parkside/Mayfair 3 6 p.m.
- ► Thursday: Wah Luck 10 a.m. 1 p.m., Anacostia 3 6 p.m.
- Friday: Oxon Run & Edgewood 3 6 p.m.
- ► Saturday: Fort DuPont & Deanwood 10 a.m. 1 p.m.

Arcadia's Mobile Market runs full-service markets from June – December and runs pop-up markets from December – June.

Website: www.arcadiamobilemarket.org



2023 Arcadia's Mobile Market

JUNE-DECEMBER				
Wednesdays	Thursdays	Fridays	Saturdays	
Bellevue Library 3pm-6pm 115 Atlantic St SW	Wah Luck 10am-1pm 800 6th St NW	Edgewood 3pm-6pm Evarts St NE & Edgewood St NE	Deanwood 10am-1pm 48th St NE & Minnesota Ave NE	
Parkside/Mayfair 3pm-6pm 650 Kenilworth Ter NE	Anacostia 3pm-6pm 1500 Galen St SE	Oxon Run Park 3pm-6pm Wheeler Rd SE & Valley Ave SE	Fort DuPont 10am-1pm 4403 Bowen Rd SE	

www.arcadiamobilemarket.org

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Cancer Support Community Washington DC

Description: Cancer Support Community Washington, DC (CSC DC) provides free support and navigation to anyone in the DC area impacted by cancer. They offer group support, healthy lifestyle classes, educational events, patient navigation, and short-term counseling to cancer patients and their loved ones. Their mission is to ensure that all people impacted by cancer are empowered by knowledge, strengthened by action, and sustained by community.

Address: Currently operating virtually only with services conducted over phone or Zoom

Contact: Rachel Ress: rachel@cancersupportdc.org; 202-659-9709 ext. 4698

Eligibility Requirements: Anyone impacted by cancer in the DMV is able to utilize their services – patients, caregivers, friends, and family members.

Availability/frequency of program: Monday – Thursday, 9 a.m. - 5 p.m.; Friday, 9 a.m. - 3 p.m.; year-round

Website: www.cancersupportdc.org





Learn More



cancersupportdc.org

T: 202.659.9709, Ext. 4698



Info@cancersupportdc.org



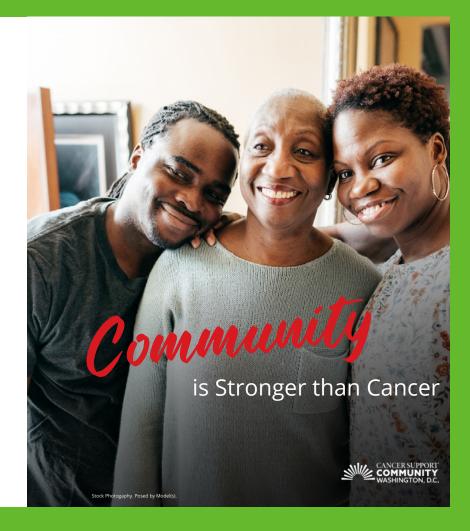
(C) cancersupportdc



Y CancerSupportDC



Cancer Support Community DC



Our Mission

The Cancer Support Community is dedicated to serving all people impacted by cancer. We work to ease the burdens of cancer and eliminate barriers to care through individual and community support, education, and advocacy.

Join Our Community

- + For over 40 years, the Cancer Support Community has provided free services to patients, survivors, caregivers, and their loved ones.
- + Cancer Support Community Washington, D.C. opened in September 2021 with the help of generous donors and those in the community who care about bringing cancer support to residents of Washington, D.C., Maryland, and Virginia.
- + We offer a safe space where you can find connection, information, and hope.
- + Participants receive the gold standard in support, patient navigation, and education, in person and online.
- + All services are offered for free and available for everyone in the DMV area.

How Can CSC DC Help You?

Support Groups



Meet others going through similar experiences at professionally-led sessions in a caring and uplifting environment.

Short-term Counseling



Discuss issues like coping, anxiety, and depression with a mental health clinician in up to six individual sessions.

Navigation



Connect with local and national resources for help navigating the cost of care, treatment decision making, and more.

Education

Access education resources through free workshops, booklets, videos, and more.

Healthy Lifestyles



- + Try our gentle exercise and meditation offerings.
- + Discover recipes and nutrition information.

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Social Gatherings

Attend special events, peer-led programs, and family activities.

Did you know? patients experience anxiety or depression

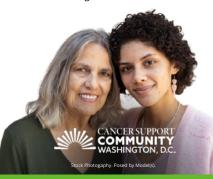
Get Started Today

- 1. Register to attend a Newcomer Meeting.
- 2. Sign up for educational workshops and social events.
- 3. Connect with our community navigator about local and national resources.
- 4. Call us with your questions or concerns about coping with a cancer diagnosis.



Your guidance made all the difference as I found my way through so much confusion and anxiety. I'm not sure how I would have managed without your assistance.

Michele - diagnosed with breast cancer





Capital Area Food Bank

Description: The Capital Area Food Bank leads the Washington, DC, region's efforts to provide equitable access to food and opportunity to people struggling with hunger and food insecurity. Each year, it sources and distributes food for more than 50 million meals. With more than 400 local partners, it provides the food people need to thrive today. It also works with partners to pair food with services that can create permanent pathways out of hunger tomorrow.

Address: 4900 Puerto Rico Ave. NE, Washington, DC 20017

Service Address: Partners are located throughout Washington, DC

Contact: Laura Jeske: ljeske@capitalareafoodbank.org

Website: www.capitalareafoodbank.org



Casey Trees

Description: Casey Trees is a Washington, DC-based non-profit committed to restoring, enhancing, and protecting the tree canopy of the nation's capital. To fulfill this mission, this non-profit engages thousands of volunteers of all ages in tree planting and care, provides year-round education courses, monitors the city's tree canopy, develops interactive online tree tools, and works with elected officials, developers, and community groups to protect and care for existing trees and encourage the addition of new ones.

Address: 3030 12th St. NE, Washington, DC 20017

Service Address: Casey Trees works with partners around the city

Contact: friends@caseytrees.org

Availability/frequency of program: DC-based plantings and programs, with limited opportunities for tree plantings in MD and VA; Monday – Saturday; year-round

Website: www.caseytrees.org





City Blossoms

Description: City Blossoms cultivates the well-being of communities through creative programming in kid-driven gardens. Its Community Green Spaces act as hubs for community organizations, schools, businesses, and neighbors to share common, safe green spaces. At its free drop-in Open Time programming, participants of all ages can learn about the environment, urban agriculture, and nutritious food and participate in the creation of public art. City Blossoms also provides field trips in these areas for people of all ages.

Address: 516 Kennedy St. NW, Washington, DC 20011

Contact: kendra@cityblossoms.org for further questions; isa@cityblossoms.org to schedule a field trip

Availability/frequency of program: Wednesday and Friday, 3 p.m.- 5 p.m.; April - October

Website: www.cityblossoms.org/community-green-spaces





Community Mediation DC (CMDC)

Description: Community Mediation DC (CMDC) offers free conflict resolution to all Washington, DC residents. Some of its services include conflict management workshops, basic mediation training, and large group facilitation.

Address: 641 S St. NW, Suite #432, Washington, DC 20001

Service Address: Mediations are available virtually and in-person

Contact: Alesia: 202-709-9884

Eligibility Requirements: Participants must be based in Washington, DC

Availability/frequency of program: Community Mediation DC can offer mediation at any time

that works with the participant's schedule

Website: www.communitymediationdc.org

Congress Heights Arts and Culture Center (CHACC)

Description: Congress Heights Arts and Culture Center is a fully functioning art gallery offering dynamic creative programming, workshops, and events. Its venue triples as a rental space for small businesses and as a facility for general community use.

Address: 3200 Martin Luther King Jr Ave. SE, Washington, DC 20032

Contact: Keyonna Jones (Founder/ED): 202-505-1938

Availability/frequency of program:

Sunday – Friday; year-round

Website: www.chacc.org



DC Center for Independent Living

Description: The DC Center for Independent Living is a private non-profit organization that assists Washington, DC residents with significant disabilities to live independently in their homes and in their communities. Some of its services include information and referrals, transition services, housing resources, support groups, peer counseling, and more.

Address: 2600 12th St. NE, Washington, DC 20018

Contact: lclark@dccil.org; lpitchford@dccil.org

Eligibility Requirements: Youth and adults with disabilities and seniors

Availability/frequency of program: Monday – Friday, 9 a.m. - 5 p.m.; year-round

Website: www.dccil.org







DC Central Kitchen (DCCK)

Description: DC Central Kitchen (DCCK) is a non-profit organization and social enterprise dedicated to addressing hunger and poverty by offering job training and employment opportunities. Its primary focus is providing practical culinary training to individuals who encounter significant obstacles in finding work. Simultaneously, it strives to create sustainable jobs that pay fair wages and distribute nutritious food in areas that need it the most. DCCK also engages in various social ventures, such as preparing from-scratch meals sourced from local farms for schools in DC, delivering fresh and affordable produce to corner stores located in underserved communities without access to supermarkets, and running a fast-casual cafe.

Address: 2121 First St. SW, Washington, DC 20024

Contact: Lachele Shelton: lcorbin@dccentralkitchen.org

Availability/frequency of program: Monday – Friday, 8 a.m. – 4:30 p.m., year-round

Website: www.dccentralkitchen.org



CULINARY JOB TRAINING PROGRAM | ELIGIBILITY CRITERIA



APPLICANTS MUST:

- Be at least 18 years of age
- Be available to be in class from 8:00 am to 4:30pm, Monday through Friday NO EXCEPTIONS
- Be curious, ready to learn, and able to complete all homework assignments
- Be interested and eligible to work full-time in a food service career
- If there is any reason that would prohibit you from working FULL-TIME, you will not be eligible
- Must provide police clearance verifying there are no outstanding arrest warrants or pending criminal cases.
- Must live in a stable housing environment
- Have drug free before the first day of class and be willing to undergo random drug screenings throughout the training
- Be either unemployed or underemployed
- Must provide TB results/X-ray results prior to the start of class.
- Must be compliant with all medical and/or mental health advice and medications
- Be able to see well enough to read at 2.5 feet with reasonable accommodations.
- Be able to stand for a minimum of 8 hours with two 15 minute breaks and be able to lift 50 pounds with reasonable accommodations
- Be able to hear in a noisy environment with background noise from a distance of 20 feet with reasonable accommodations
- We do not provide transportation for the first two weeks

	APPLICATION CHECKLIST
	Please submit the following documents with your application. DC Central Kitchen Application
i	- ''
	 Agency Referral (provided by DCCK) - must be filled out by case manager, advocate or CSO
	☐ Recent (within the last year) TB/PPD Test Results or Chest X-Ray result
	\Box A copy of a valid identification card (e.g., ID, Driver's License, Passport)
	☐ A copy of your social security card or verification of social security card - if you are not a US citizen, please provide proof of work eligibility
	A copy of CDC Vaccination Card - you'll be asked to provide a a second proof of vaccination



Need More Information? Contact the Recruitment Team

Lachele Corbin-Shelton (240) 571-0237 Icorbin@dccentralkitchen.org

Gregory Lily (202) 802-5428 glilly@dccentralkitchen.org

DC Greens



The Well at Oxon Run

Description: The Well sits on one acre of land, 20,000 square feet of which is dedicated to fruit and vegetable production for the community. In addition to seasonal crop production, The Well also offers large community convening spaces (including an outdoor classroom) and hosts art, culture, fitness, and other events throughout the season. This is a space for all community members to work in the soil, celebrate, and share experiences in nature together. DC Greens is proud to have united so many people and organizations to make The Well a reality. As one of our programs, our team manages, staffs and runs the daily operations at The Well.

Address: 300 Valley Ave. SE, Washington, DC 20032

Contact: thewell@dcgreens.org

Availability/frequency of program: Tuesday – Friday, 10 a.m. – 5 p.m.; Saturday, 10 a.m. –

4 p.m.; April – October

Website: www.dcgreens.org/thewell

Produce Rx

Description: Produce Rx is a DC Greens program allowing medical professionals to prescribe fresh fruit and vegetables to food-insecure patients diagnosed with a diet-related chronic illness. Participants receive money every month to purchase fresh fruit and vegetables at participating grocery store locations.

Service Address: Partnered Clinic locations in Washington, DC, and participating grocery stores in the DMV

Contact: Produce Rx team: producerx@dcgreens.org, 202-601-9200. If you choose to call Produce Rx, press 2 for more information about DC Greens' Produce Rx program.

Eligibility Requirements: Please visit www.dcgreens.org/prx-participants to view the eligibility requirements.

Availability/frequency of program: The Produce Rx Team is available to answer calls and questions Monday - Friday, 9 a.m. - 5 p.m. Call 202-601-9200, press 2, or leave a voicemail, and the team will return your call.

Enrollment in the program happens year-round at partner clinic locations.

Website: www.dcgreens.org/produce-rx







D.C. Hunger Solutions

Ending Hunger in the Nation's Capital

YOU MAY QUALIFY FOR SNAP BENEFITS!

DCHS CAN HELP WITH:

- SNAP Eligibility Screening
- SNAP Applications and

Recertifications

- Resolving issues with SNAP benefits
- Providing additional food resources

You can now apply for SNAP online and on your mobile phone!



Contact Us!

Phone: (202) 640-1088
Email: info@dchunger.org
Website: https://www.dchunger.org



D.C. Hunger Solutions

Description: D.C. Hunger Solutions is dedicated to ending hunger in Washington, DC, while enhancing the overall nutrition, health, economic stability, and overall welfare of low-income individuals in the community. Throughout its endeavors, D.C. Hunger Solutions actively collaborates with a wide range of stakeholders, including local and federal government agencies, community and faith-based organizations, businesses, students, families, and advocates against hunger and poverty. Their efforts aim to alleviate hunger, strengthen the

Office of the

DC Long-Term

Care Ombudsman

LEGAL COUNSEL

for the ELDERLY

financial security of families, enhance health and educational outcomes, and secure federal funding for the District.

Address: 1200 18th St. NW, Washington, DC 20036

Service Address: Communities across Washington, DC

Contact: info@dchunger.org; 202-640-1088; leave a message in the

SNAP voicemail

Availability/frequency of program: SNAP appointments can be

made over the phone; year-round

Website: www.dchunger.org



D.C. Long-Term Care Ombudsman Office/ Legal Counsel for the Elderly

Description: The D.C. Long-Term Care Ombudsman Office is an important part of Legal Counsel for the Elderly. It is an advocate and resource for residents of nursing homes, assisted living facilities, and community residences. The program also provides advocacy services to individuals and persons 18 years of age and older receiving services through the EPD Medicaid Waiver. Ombudsmen help residents and their families understand and exercise their rights and effectively address concerns that impact their health, safety, and quality of life.

Address: 601 E St. NW, Washington, DC 20049

Service Address: Nursing homes, assisted-living facilities, and community residence facilities

Contact: 202-434-2190

Availability/frequency of program: Everyday; year-round

Website: http://bit.ly/long-term-care-dc



DC NAACP

Description: DC NAACP's Health Committee engages and addresses local issues that impact the health and well-being of Black and BIPOC Washington, DC residents through policy and advocacy. One of the main issues the DC NAACP has historically campaigned on is nutrition equity (i.e. advocating for access to grocery stores in Wards 7 and 8 and working with community members to establish Black-owned garden plots in the city).

Service Address: 1225 W St., SE, Washington, DC 20020 (UJIMAA Farm)

Contact: health.naacpdc@gmail.com

Eligibility Requirements: Participants must be DMV residents

Availability/frequency of program: The farm operates in spring and summer. Farming at UJIMAA occurs once a month. Regular advocacy work to benefit the health of DC residents is done year-round.

Website: www.naacpdc.org

Dreaming Out Loud, Inc. (DOL)

Description: Dreaming Out Loud (DOL) operates two farms, a food hub, and a food business incubator. It operates its own farmers market, and for the 2023 season, it has vendors at two Fresh Farm markets. It also offers Community Support Agriculture (CSA) weekly or biweekly deliveries year-round in all eight wards In Washington, DC, and select zip codes in Prince George's County, MD, Montgomery County, MD, and Arlington County, VA.

Address: 80 M St. SE, Washington, DC 20003

Contact: info@dreamingoutloud.org

Availability/frequency of program: DOL markets: Thursday, 11 a.m. - 2 p.m. and Saturday, 10 a.m. - 2 p.m.

DOL's CSA/WIC home delivery is year-round. You have to be a WIC client to receive this service, and for overall CSA deliveries, you must subscribe to a membership. DOL is a vendor at a market that operates year-round.

Website: www.dreamingoutloud.org/about





FAN DC

Description: FAN (Fihankra Akoma Ntoaso) DC is a youth-centered community of safe places and linked hearts. It provides youth impacted by the child welfare system opportunities to nurture their interests and talents, acquire new skills, and gain a sense of personal and group recognition in an atmosphere of hope.

Address: 2815 Stanton Rd. SE, Washington, DC 20020

Contact: Charnequa Greene: 202-481-8876

Availability/frequency of program: Monday – Friday, 11 a.m. – 6 p.m., year-round but closed when Washington, DC public schools are closed

Website: www.fan-dc.org



FRESHFARM

Description: FRESHFARM builds a more equitable, vibrant, sustainable, and resilient food system in the Mid-Atlantic region by producing innovative solutions in partnership with

local communities and organizations. It creates food access, economic development, and thriving communities through hands-on education, farmer's markets, and food distribution programs.

Address: 1100 15th St. NW, 4th Floor, Washington,

DC 20005

Service Address: All across Washington, DC

Contact: hello@freshfarm.org

Eligibility Requirements: Most services do not have eligibility requirements, but some of its educational & food access programs serve specific groups (schools, childcare centers, folks who receive SNAP, WIC, Senior Grocery Plus, etc.)

FRESHFARM

Availability/frequency of program: Farmer's markets are open everyday except Monday and Friday. Market share pick-up is offered on Wednesday and Saturday, and delivery is offered on Wednesday.

Website: www.freshfarm.org



Far Southeast Family Strengthening Collaborative

Description: Far Southeast Family Strengthening Collaborative acts as a catalyst to develop, nurture, and sustain partnerships of residents, agencies, and institutions in the Southeast Washington, DC community and to create a healthy socioeconomic environment through which every child and family has an opportunity to achieve their maximum potential and lead a productive life.



Far Southeast Family Strengthening Collaborative Where Community and Family Come First

Address: 2006 Martin Luther King Jr Ave. SE, Washington, DC 20020

Contact: Community Engagement: comme@fsfsc.org

Eligibility Requirements: Participants are considered on a case-by-case basis **Availability/frequency of program:** Monday – Friday, 9 a.m. – 5 p.m.; year-round

Website: www.fsfsc.org



First Home Mortgage Corporation

Description: First Home Mortgage Corporation is a licensed, full-service residential lender. Joe Dawson guides borrowers throughout the entire mortgage process and offers continued support long after a loan has closed. This corporation takes the time to understand the needs of its clients in order to find the best solutions, whether you are a first-time buyer or an experienced owner.

Address: 8401 Connecticut Ave., Suite #1100, Chevy Chase, MD 20815.

First Home Mortgage also conducts consultations and seminars virtually and at various realtor partner offices to fit the needs of its clients.

Contact: Joe Dawson: 703-376-1967; JDawson@FirstHome.com;

Instagram: @DawsonHomeLoans

Eligibility Requirements: First Home Mortgage is an Equal Housing Opportunity Lender. Individuals wishing to get pre-qualified for a home purchase or refinance can apply online at DawsonHomeLoans.com.

Income restrictions, minimum credit scores, and other program requirements and qualifications may apply to certain programs. Programs, interest rates, terms, and fees are subject to change without notice. All loans are subject to credit approval and property appraisal.



Availability/frequency of program: Working hours are flexible based on client demand

Website: DawsonHomeLoans.com

Frontline Gig

Description: Frontline Gig is a green jobs technology provider connecting governments and contractors with a motivated workforce for environmental jobs on demand. It gets environmental jobs completed with maximum efficiency and collects data to provide modern insights about urban ecosystems.

Address: 400 Granby St., Suite #115, Norfolk, VA 23510



Service Address: Across Washington, DC, Baltimore,

MD, and Norfolk/Newport News, VA

Contact: admin@frontlinegig.com; 757-255-8667

Eligibility Requirements: Anyone is welcome to apply for a workday. The only requirements are a positive attitude and a strong work ethic!

Availability/frequency of program: Once a week each for Washington, DC, and Baltimore, MD, with more frequency to come.

Website: www.frontlinegig.com

Housing Counseling Services (HCS)

Description: Housing Counseling Services (HCS) is a non-profit housing counseling agency that assists the community with applying for housing programs. It provides education and counseling regarding housing.

Address: 2410 17th St. NW, Suite #100, Washington, DC 20009

Contact: training@housingetc.org

Eligibility Requirements: Each housing program has its own participant criteria

Availability/frequency of program: Monday – Friday; 9 a.m. – 5 p.m. and on Wednesdays until 8 p.m.; year-round

Website: www.housingetc.org





Keller Williams Capital Properties

Description: Keller Williams Capital Properties includes a network of more than 1,000 passionate professionals redefining the real estate industry with a mission to transform lives, careers, and communities through real estate. It is committed to providing outstanding client service and results that make a difference in the communities it serves.

Address: 519 C St. NE, Washington, DC 20002

Contact: Nadia Mohammed: nadia@enggarcia.com; 202-957-7599

Availability/frequency of program: Every day; year-round

Website: www.nadia.enggarcia.com

Kingdom Care Senior Village

Description: Kingdom Care Senior Village offers a vast array of services to seniors who live in Ward 8, including wellness checks and home visitations, meal prep, computer and technology training, vaccinations, field trips, social gatherings, and more.

Address: 814 Alabama Ave. SE, Washington, DC 20032 Contact: Kingdom Care Senior Village: 202-561-5594

Eligibility Requirements: Participants must be at least 60 years old

Availability/frequency of program: Year-round

Website: www.kingdomcarevillage.org



Leadership Council for Healthy Communities (LCHC)

Description: The Leadership Council for Healthy Communities (LCHC) is an organization dedicated to promoting healthy communities, addressing the challenges facing underserved families, and making lasting impacts in communities in Washington, DC, and beyond. Starting in faith institutions, LCHC gives access to tools, resources, and services to remove health inequities and encourage healthy behavior.

Its education and referral services include the following:

- ▶ Management of chronic diseases (Diabetes, Hypertension, Obesity, etc)
- ► Health Insurance Enrollment
- Nutrition Counseling
- Management of Substance/Opioid Use Disorders
- ► COVID-19 Testing and Vaccinations
- ▶ Tobacco-Free Living
- Clinical and Community Linkages

Address: 10 G St. NE, Suite #600, Washington, DC 20002

Service Address: Services are conducted throughout Washington, DC

Contact: 202-248-5085; info@lchnetwork.org

Availability/frequency of program: Monday - Friday, 9 a.m. - 5 p.m., year-round

Website: www.lchcnetwork.org







Give Your Child a Head Start!

About Our Programs

Martha's Table Head Start & Early Head Start programs promote school readiness by enhancing the social, physical, & cognitive development of children.

We Provide:

Center Based Pre-K Program Ages 3-5

Includes

- · High-Quality Early Education
- Nutritious Meals & Snacks
- Goal-Setting Support for Parents
- Potty Training Support
- · Open Year-Round 7am-6pm

Family Visiting Program Prenatal-3 yrs old Includes

- Weekly 1:1 with Family Visitor
- Parent-Child Activities
- Goal-Setting Support
- Resource Connections
- Monthly Group Socials and Field Trips

Applying is as easy as 1,2,3...

Scan QR code to complete application.



Eligibility team will reach out and advise of what documents are needed.

Collect all required documentation and submit via email.





Our brick-and-mortar store is open for safe in-person shopping at 2204 Martin Luther King Jr. Ave. SE.

Become a member!

Classic Membership - (Blue card)

Residents of the 20020 over the age of 13 and guests who joined us during our COVID response are eligible for an Outfitters \$40 per month Classic Membership Card.

Select Membership - (White card)

Select Membership is available to all DC residents who do not qualify for our Classic Membership and comes with a monthly \$20 credit to use at Outfitters.



Prefer to shop virtually? Outfitters Online will still operate.



Martha's Table

Description: Martha's Table supports strong children, strong families, and strong communities by operating nationally accredited education programs, pairing healthy food access with physical and mental health services, and promoting family success by investing in family leaders.

Address: 2375 Elvans Rd. SE, Washington, DC 20020

Service Address: Martha's Outfitters clothing program: 2204 MLK Jr. Ave. SE, Washington, DC 20020

NW satellite office (provides food access and early childhood education): 1474 Columbia Rd NW, Washington, DC 20009



Contact: Charlie Gussom (Assistant Director-Community Development): 202-328-6608.

Eligibility Requirements: All programming is free for DC residents. Some programs require residency in Ward 8 or the 20020 zip code. Contact Martha's Table for consideration

Availability/frequency of program: Times vary. Contact Martha's Table for more information

Website: www.marthastable.org



Mayor's Office of Veterans Affairs (MOVA)

Description: The Mayor's Office of Veterans Affairs (MOVA) is dedicated to serving Washington, DC's veteran community, their families, survivors, and veteran caregivers. It addresses the broad range of social, economic, and healthcare needs of Washington, DC's veteran community by building strategic partnerships with public and private organizations, implementing veteran-centered policy initiatives, and developing strong relationships with the veteran community. Building on these relationships, MOVA acts as a liaison between the District's veteran community and the Mayor, District agencies, and non-profit organizations in

MAYOR'S OFFICE OF VETERANS AFFAIRS

order to ensure that the District's veteran community has access to the full range of resources available to them.

Address: 441 4th St. NW, Suite #707, Washington, DC

20001

Contact: 202-724-5454; ova@dc.gov

Eligibility Requirements: Must be a veteran or a family member of a veteran **Availability/frequency of program:** Monday – Friday, 9 a.m. – 5 p.m., year-round.

Website: www.communityaffairs.dc.gov/mova





District Veterans Claims

MOVA's District Veteran Service Officers are available to assist DC veterans with Federal Dept. of Veterans Affairs claims and benefits. For appointments: 202-724-3809 or stuart.lee@dc.gov

Veteran Homestead Property Tax Exemption

Residential real property owned by a veteran who has been classified by the United States Department of Veterans Affairs as having a total and permanent disability as a result of a service-incurred or service-aggravated condition or is paid at the 100% disability rating level as a result of unemployability, is eligible for reduction in assessed value of \$445,000. **Apply at ova.dc.gov under the programs and resources tab.**

MOVA's Pathways to Work

MOVA, working in partnership with the Department of Motor Vehicles (DMV) and the Central Collection Unit (CCU), has launched a program designed to help District veterans who cannot afford a driver license because of debt from tickets, insurance lapse, booting, towing, or impounding. Contact MOVA at 202-724-5454 for eligibility details.

VetsRide Expansion 2022

VetsRide: MOVA has partnered with DFHV and TransCo., to provide a free transport service for any DC veteran making under \$45K a year, or recently unemploymed, to any location in DC and approved veteran medical sites in Maryland and Virginia. VetsRide participants receive (10) ride vouchers per month . Vouchers are operational seven days a week from 6am - 10pm.

DC veterans can enroll in VetsRide by emailing: **joseph.koroma@dc.gov** or call **202-724-5454.** *documents for enrollment: proof of veteran status, DC residency, and financial status.

Roundtables, Housing, and LGBTQ+ Veterans

- DC Veteran Roundtables occur in-person, with a virtual option, on the last Thursday of every month from 12pm 2pm. Call **202-724-5454** for more details or go to ova.dc.gov
- MOVA's LGBTQ+ Veteran coordinator is available for individual advocacy meetings and veteran assistance at MOVA's office and the Mayor's Office on LGBTQ+ Affairs.
- To set up an appointment email: fallon.williams@dc.gov
- Community & Housing Advocacy. MOVA's serves as a liaison to ensure veterans have fair access to Mental Health Resources, Housing, Food, and Basic Need supplies. Contact MOVA at **202-724-5454**

MedStar Family Choice-DC (MFC-DC)

Description: MedStar Family Choice (MFC) is a Managed Care Organization (MCO) founded by healthcare providers serving the Washington, DC, area. MFC-DC is committed to establishing a comprehensive Care Delivery Network that is essential for delivering efficient and top-notch healthcare services to all eligible Medicaid recipients enrolled in the District of Columbia Healthy Families program (DCHF) and DC Healthcare Alliance program (Alliance). MFC-DC firmly believes that by providing physicians with the necessary management and system support, they can enable healthcare professionals to focus on their core expertise: practicing medicine.

Address: 3007 Tilden St. NW, POD 3N, Washington, DC 20008

Service Address: Various locations for community events and virtually

Contact: Lyabode Faparusi: lyabode.o.faparusi@medstar.net

Eligibility Requirements: Participants must be Washington, DC residents with Medicaid

Availability/frequency of program: Monday – Friday; year-round

Website: www.medstarfamilychoicedc.com

Restoring Ivy Collective

Description: Restoring Ivy Collective offers virtual and in-person services to sex trafficking survivors all over the US and in its local community. Some of its evidence-based models for intervention include SMART addiction recovery curriculum for survivors dealing with substance addiction, MOM Power for parents and children to build coping and connection, My Life My Choice for youth intervention and prevention education, and trauma-informed yoga groups.

Additionally, it utilizes expressive arts, dialectical behavioral techniques, and other approaches based on an assessment of participant needs. Its services aim to address social-emotional needs, community building, social capital, support, and training and partnerships.

Address: Operates out of community locations. Its model is to come to its partner agency sites. Virtual support groups are also available for survivors.

Contact: Dr. Beth: 202-735-1252, drbeth@restoringivycollective.org

Eligibility Requirements: Sex trafficking survivors

Availability/frequency of program: Based on partner agency schedules

Website: www.restoringivycollective.org

Roots for Life

Description: Roots for Life is a grassroots volunteer organization founded in 2017 to educate and empower communities to thrive by eradicating food deserts and food insecurity. Its mission is to foster a thriving community where fresh, nutritious food is readily accessible, and no one needs to go hungry. It works with any individual experiencing food insecurity and local shelters to support the houseless on the path to cook, live, and grow healthy.

Address: Programs are hosted at partner agencies

Contact: info@roots-for-life.org

Availability/frequency of program: Monday – Saturday

Website: www.roots-for-life.org



Share a Seed

Description: Share a Seed is a mutual aid seed-sharing and growing program. It replaces scarcity with abundance by leveraging the power of community to fill resource gaps. Growers and gardeners share their spares with the project (seeds, garden equipment, soil), which are then redistributed throughout Washington, DC. Share a Seed seeks to connect under-resourced community members to the resources, mentorship, and tools they need to get growing.

Contact: Reana Kim: Reana@slowfooddc.org

Availability/frequency of program: At events and open access at seed libraries; in spring, summer, and fall.

Website: https://www.slowfooddc.org/share-a-seed



Starting With Today (SWT)

Description: Starting With Today (SWT) supports Black well-being and liberation by offering community programs and advocacy training. By partnering strategically with small Black businesses and community hubs in Wards 7 and 8 of Washington, DC, and Prince George's County, SWT establishes secure learning spaces for adults to organize, raise awareness, develop collective solutions, heal, and acquire the necessary tools, language, and training to advocate effectively for Black individuals, families, communities, and the Black collective.

Address: 700 Pennsylvania Ave. SE, Suite #200, Washington, DC 20003 **Contact:** Charlyn Anderson: info@startingwithtoday.org; 240-718-4798

Eligibility Requirements: Adults over 18 in disenfranchised communities

Availability/frequency of program: Varies; events are posted on the website and Instagram

page and are offered year-round

Website: www.startingwithtoday.org





■ TCG Property Care

Description: TCG Property Care ("TCG") is a certified business based in Ward 7, Washington, DC. Its company specializes in green infrastructure maintenance and traditional landscaping services. TCG works with commercial, industrial, and municipal clients to take care of your landscaping needs. It is committed to providing quality work and outstanding customer service.

Service Address: The Washington, DC area, including Oxon Run Park

Contact: Krystal Talley: krystal.talley@tcgpropertycare.com

Availability/frequency of program: Monday for park clean-up;

year-round

Website: www.tcgpropertycare.com



Property Care



■ THEARC Farm

Description: THEARC Farm (Town Hall Education Arts Recreation Campus) is a 3/4 acre farm at the Building Bridges Across the River (BBAR) Farms flagship campus. THEARC uses its produce in its Community Supported Agriculture (CSA) and Farmers Market from June to November. It also supports seven other farms in Southeast Washington, DC, that are all part of the BBAR network.

Address: 1901 Mississippi Ave. SE, Washington, DC 20020

Contact: Carrie Vaughn: cvaughn@thearcdc.org

Availability/frequency of program: CSA & Farmers Market Saturdays 10 a.m. – 2 p.m.; Volunteer hours Wednesday, Thursday, and Friday; June 3 - November 11

Website: www.bbardc.org





■ The Green Scheme (TGS)

Description: The Green Scheme (TGS) was founded in 2011 by Washington, DC, natives Ronnie Webb and Joelle Robinson when they realized the lack of environmental awareness that existed in many communities. Fueled by a desire to impact the way people think about their health and their environment, Ronnie and Joelle created Green Scheme to organize, educate, and empower communities. The Green Scheme offers various programs focused on youth garden education, environmental education, internship opportunities, and more.



Address: 1453 Evarts St. NE, Washington, DC 20018

Service Address: The Well at Oxon Run and other garden locations/schools in Washington, DC

Contact: Lauren Parker: lparker@greenscheme.org

Availability/frequency of program: At the request of participants and at scheduled

TGS events; year-round

Website: wwww.greenscheme.org



The STAND Foundation

Description: The STAND Foundation, also known as Strengthening Thoughts and Nurturing Dreams, offers various opportunities for individuals to acquire knowledge, skills, and self-assurance through wellness workshops, horsemanship, and horseback riding. Its primary goal is to transform and empower lives by utilizing nature and adopting a holistic approach to address significant societal issues.

Address: Prince George's County

Contact: 202-596-6657; info@thestandfoundation.org

Eligibility Requirements: Inner-city youth, young adults, and elders in Washington, DC, and surrounding areas (most programs are tailored toward girls).

Availability/frequency of program: Monday – Friday, 9 a.m. – 7 p.m.; seasonal availability.

Website: www.thestandfoundation.org



UNITY HEALTH CARE

Healthier You. Healthier Communities.



We Provide

- » Primary Care in Patient-Centered Medical Home settings
- » Specialty services including behavioral health, dental, infectious diseases, OB/GYN,
- » Walking Medical Outreach serving those experiencing homelessness
- » Health services in DC Jail facilities



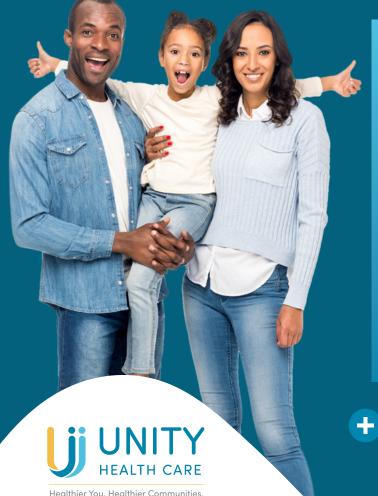
Locations

Community health centers (below):

Medical sites at homeless shelters

School-based health centers Upper Cardozo







Number of DC residents Unity **Health Care serves**

Since 1985, Unity Health Care has been committed to serving the health needs of our communities. Each year, Unity serves 1 in 7 District residents with our team of compassionate health professionals. We're proud to be the largest network of community health centers in our nation's capital providing comprehensive primary, specialty and wraparound services, regardless of the ability to pay.

Follow us on Twitter: @unityhealthcare Follow us on Instagram: @unityhealthcareinc Like us on Facebook: @unityhealthcareinc

Learn more at unityhealthcare.org

Unity Health Care

Description: Unity Health Care reaches people wherever they are to provide compassionate, comprehensive, high-quality health care that is accessible to all and advances health equity in Washington, DC. As the largest network of community health centers in the District, its team of compassionate and multicultural health professionals places



Unity values into action every day to bring whole-person care and wellness to nearly 100,000 patients through 475,000 visits annually through its network of over 28 traditional and non-traditional health sites and a mobile medical outreach vehicle.

Address: 1100 New Jersey Ave. SE, Suite #500, Washington, DC 20003

Service Address: For a full list of health center locations and hours, visit the Unity Health Care website (listed below).

Contact: 202-469-4699

Website: www.unityhealthcare.org



YMCA Metro DC

Description: YMCA Metro DC fosters the spiritual, mental, and physical development of individuals, families, and communities according to the ideals of inclusiveness, equality, and mutual respect for all. Its primary goal is to make the Y and all it offers accessible and available to the entire community. Its services include free culinary and nutrition education, activities for Fit & Well Seniors, child development and camp, and sports and wellness classes.

Address: 1325 W St. NW, Washington, DC 20009

Contact: health@ymcadc.org

Eligibility Requirements: Some programs are free to the community, with a sliding scale and scholarships available; memberships available.

Availability/frequency of program:

Wellness Center:

Monday – Thursday: 5:30 a.m. – 10 p.m.

Friday: 5:30 a.m. – 7 p.m. **Saturday:** 7 a.m. – 6 p.m. **Sunday:** 7 a.m. – 6 p.m.

Lap Swim:

Monday – Thursday: 5:45 a.m. – 9:30 p.m.

Friday: 5:45 a.m. – 6:30 p.m.

Saturday: 7:15 a.m. – 5:30 p.m.

Sunday: 7:15 a.m. – 5:30 p.m.

Early Learning:

Monday - Friday: 8 a.m. - 5:30 p.m.

Website: www.ymcadc.org/locations/ymca-anthony-bowen/



dcgreens

810 7th Street NE Washington, DC 20002 • 202.601.9200 • info@dcgreens.org







